

Charity looking for new friends

A charity which has moved into new offices in the village is looking for more volunteers to help with its work in befriending people with learning disabilities.

Friends for Friends, based in Love Lane issued the appeal for more people to get involved with the work they carry out in the community.

Archana Shah, from the group, said: "Have you ever imagined how empty your life would be without friends? No one to go out with, for a stroll in the park, a trip to the cinema or just to have a chat over a cup of coffee?"

"For many people with learning disabilities, this is often a reality and the lack of opportunity to meet and make friends can be a grea-

ter handicap than the disability. Friendships can provide warmth and understanding, improve self-esteem and can have a major impact on health and well-being."

The charity has been working across Harrow for over 25 years. They recruit and vet volunteers from the local community and provide specialist training. The volunteers are then matched in friendship with people with learning disabilities on a one to one or group basis.

Archana said: "To continue our success, Friends for Friends are expanding our services and looking to recruit more, much needed volunteer friends. If you can spare an hour or so a week or if you would like



Hannah and Helen from FRIENDS FOR FRIENDS

to help out at the charity's popular monthly social club or help with fundraising or admin then we would love to hear from you."

Your Pinner News has donated £100 to the charity as part of its promise to give back 10 per cent of its profits to the village's good causes. The charity is also looking for donations of office furniture.

Visit www.friendsforfriends.org.uk for further details or contact Anna on 020 8869 9228